

WINTER/SPRING MENU 2017/18



Meat Free Monday

Traditional Tuesday

World Food Wednesday

Thursday Favourites

Fish Friday

Week 1

Quorn & Potato Pie
Cheese Whirl with Tomato Sauce
Homemade Soup & Vegetarian Sandwich Selection
Chipped Potatoes
Mixed Vegetables
Tutti Frutti Yoghurt

Baked Sausages, Yorkshire Pudding & Gravy
Spanish Omelette
Tomato & Herb Pasta
Mashed Potatoes
Cabbage & Carrots
Chocolate & Mandarin Cake

Tandoori Chicken
Chickpea & Tomato Curry
Jacket Potato Selection
Sunshine Vegetable Rice
Mini Corn on the Cob
Parsnip & Apple Sponge with Custard

Beef Stew & Dumplings
Cheese & Potato Bake
Filled Roll Selection
Sliced Malted Bloomer
Mixed Vegetables
Fruit Salad with Mango
Frozen Yoghurt

Fish Fingers
Tomato & Mascarpone Pasta
Jacket Potato Selection
Mashed Potatoes
Garden Peas
Jelly & Fruit

Week 2

Vegetable Quiche
Neapolitan Pasta
Vegetarian Hot Sandwich Special
Mashed Potatoes
Garden Peas & Sweetcorn
Fruit Salad with Strawberry Yoghurt

Roast Dinner & Gravy
Quorn Sausage & Gravy
Tomato Herb Pasta
Roast & Creamed Potatoes
Broccoli
Chocolate & Pear Sponge with Custard

Chicken Curry
Homemade Pizza Slices
Sunshine Rice
Dough Balls, Baked Beans
Cheese & Crackers with Apple & Cucumber Sticks

Lamb Bolognese
Veggie Chilli con Carne
Filled Baguette Selection
Wholemeal Spaghetti
Brown Rice
Mixed Vegetables
Fruit Dessert Selection

Bubble Fish Fillet
Vegetable Pasta Bake
Jacket Potato Selection
Chipped Potatoes
Naan Bread
Garden Peas
Carrot & Pineapple
Blondie

Week 3

Selection of Homemade Pizza Slices
Veggie Chilli con Carne
Tomato & Herb Pasta
Baked Jacket Wedges
Mini Corn on the Cob
Fruit Salad & Ice Cream

Traditional Lancashire Hotpot
Michelle's Mac 'n' Cheese
Jacket Potato Selection
Sliced Baguette
Beetroot & Carrots
Cheese & Crackers with Carrot & Cucumber Sticks

Homemade Chicken Curry
Vegetarian Sausage Roll & Tomato Sauce
Hot Sandwich Special
Chipped Potatoes
Green Beans
Oat Crunchie with Fruit Slices

Chilli con Carne
Hot Stuffed Tortilla Boat
Jacket Potato Selection
Rice
Baked Jacket Wedges
Broccoli, Sweetcorn
Fruit Dessert Selection

Salmon & Sweet Potato Fishcake
Cheese Omelette
Neapolitan Pasta
Mashed Potatoes
Carrots & Garden Peas
Fruit Sponge with Custard

The Fresh Fayre Gang - making your school dinners taste great!

Crossacres Primary Academy